

Numbers Spelled Out



EVA'S LEAVING LIST

Bonnie Farmer

Activities

Our Nice Memories

The whole family

Put aside some family time to discuss you're nicest memories and write them down to preserve them. There are apps that easily combine photos, videos, and text to create a family journal.

My Personal Book

Ages 4 to 6

Materials: blank sheets, old magazines, photos, crayons, glue, scissors.

Cut out images or draw everything you like, such as members of your family, friends, activities, foods, objects, and games. Gather the pages to make a book. Keep the book as a precious memory of yourself.

This Year's List

Ages 7 to 11

Materials: a sheet, a pencil, an envelope.

Write yourself a letter to be read in 3, 5, or 10 years.

Same as Eva, you can write a list of all the things you love and even those you dislike!

For example: Dear me,

Today is November 11, 2022. I'm 8 years old. I like listening to rap music. I ice skate and I also like soccer. My favourite video game is Mario Kart. I don't like broccoli, whether it's cooked or raw. My friends are Yan, Joyce and Michael.